



ASCENSION+LUTHERAN

After School Sports with the Coach Spencer & Dylan

3:15pm - 4:30pm Ages TK-5

\$75 per Sport billed through TADS



September 5, 12, 19 & 26

Indoor Soccer – passing, shooting, scrimmages and basic fundamentals and rules

October 3, 10, 17 & 24

Basketball- passing, shooting, dribbling and basic fundamentals and rules

November 10/26, 7, 14 & 28

Hockey - passing, shooting, stick handling, scrimmages, basic fundamentals and rules

December 5, 12, 19 & 21

Volleyball- passing, spiking, setting, team building games, fundamentals and rules Class

-Teach the fundamentals of sports as an educational and athletic training program.

-Coaches promote sportsmanship, perseverance and leadership.

-Students will learn the rules, skills, strategies, and tactics of the various sports activities in which they wish to participate.

-All equipment provided for each sport.

“Never let the fear of striking out get in your way.” – Babe Ruth